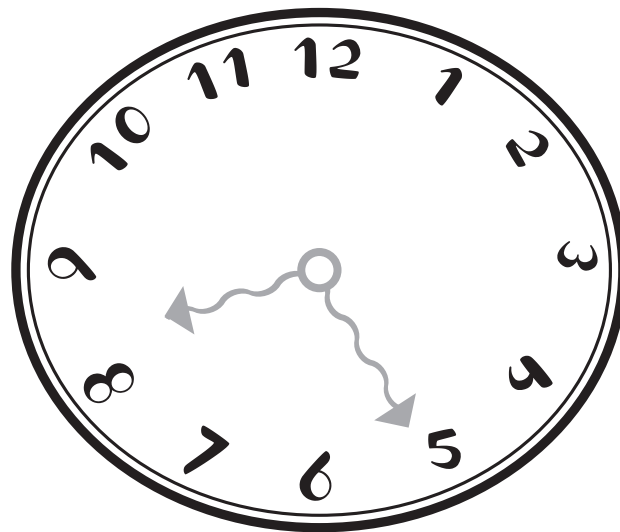


READ Exodus 32:1

DAY 1

The Israelites knew that God brought them out of slavery in Egypt. He kept them safe and promised them a bright future. Even though the Israelites knew that the all-powerful, all-loving God had a plan, they still took matters into their own hands when they got worried and were left waiting. They came up with their own plan and gave up on the leader, Moses, that God put in charge. (PS- Things didn't turn out too well after that!)

Who is Moses in your life? You probably have several people in your day that lead and guide you. In the clock below, write the name of the person who is "Moses" in your life at different hours of the day ("Mom" at 7 am, teacher at 9 am, coach at 6 pm).



Hang the clock up somewhere to remind you that God has put leaders in your life for a reason, then **THANK** God for putting people in your life who you can trust to lead you.

READ Isaiah 40:31

DAY 2

Do you ever feel like you just can't possibly wait one more second? You may feel like you don't have the strength sometimes to wait patiently, but that's not true! You have all the strength you need to wait if you just put your trust in God and ask Him for help.

Get a sheet of paper and ask a parent to help you get online. Go to <http://www.origami-fun.com/origami-twirling-bird.html>, and together, make an origami bird. It may take a bit of time, but your patience will pay off when you have a fun twirling bird to play with! Hang the bird somewhere in your house that will remind you that God can help you fly high with patience!

ASK God to give you the strength you need to be patient.

WAIT

READ 1 Timothy 1:16

DAY 3

Circle the words below that are words you would use if you were being patient. Put an "x" through the phrases that aren't full of patience.

- HURRY UP!**
- I FORGIVE YOU**
- LET'S TRY AGAIN**
- PLEASE**
- LAST CHANCE**
- CAN I HELP YOU?**
- IT'S OKAY**
- NOW!**
- I CAN'T BELIEVE YOU DID THAT**

It's easy to blow up at someone if they do something we think they shouldn't have, or if they aren't moving as fast as we think they should. But think about all of the times that you didn't deserve patience and God or your parents showed it to you anyway. This week, try to take out all of the impatient, crossed out words from your vocabulary and only use patient words with those around you.

LOOK for examples of God and others being patient with you this week.

READ Jeremiah 29:11

DAY 4

Unscramble the words below that are the common ingredients in a delicious recipe.

- UOLFR
- AGINBK OSDA
- ASLT
- WAR GEGS HOOCALTAC
- PICHS
- RUSAG
- ERTUTB
- LALVNAI
- NRBOW SAURG

Which of these ingredients would you like to eat right now? If you're like most people, sugar and chocolate chips are about the only ingredients on that list that sound good all by themselves. What if you knew that mixing the right amounts of all these ingredients and then baking them for about 10-15 minutes would make something super delicious? Is it worth the wait to pass up a few little bitty chocolate chips now to have a big, gooey cookie later on?

Many times we don't want to wait because we want something right away instead of the best thing later. But God has a plan for our lives, and His plan is much better than even the best chocolate chip cookie. We just have to be patient and watch the plan unfold.

KNOW that God has given us people in our lives so we can build each other up.



Answers: flour, baking soda, salt, raw eggs, chocolate chips, sugar, butter, vanilla, brown sugar

WAIT